



Why do supervision?

How can you approach your practice filled with confidence, skills, energy and inspiration?



What do you need that you're not getting to help you be the best you can be?



June Tranmer
My training and experience

1986–87: Touch for Health / Kinesiology training course

1989-1991: Diploma in Acupuncture from Northern College of Acupuncture, York

1992: Opened The Healing Clinic, York

1993-94: Paediatric acupuncture training—London

1995: Immune Development Trust training in work with people with HIV/AIDS

1995-present: Treating people who are HIV+ for NYAA

Published articles in journals, magazines and newspapers.

1996-2003: Regional Group Representative for B.Ac.C.

1999-present: Teaching paediatric acupuncture module at Northern College of Acupuncture & 2003 at LCTA

June 2000: PGCE at York College of Further and Higher Education

1996-present: Teaching complementary health topics for York Adult & Community Education & privately

2004-05: Training in Supervision with Isobel Cosgrove

1996—present: Teaching Treatment of Children with Oriental Medicine in York on my own and since 2004 in London with Ann Bradford, plus classes for parents & carers.

Continuing: Managing The Healing Clinic and Courses Room. I have regular supervision for myself .



Your Professional Development Support

Mentoring and Supervision for Practitioners



With
June Tranmer
Dip. Ac., MBAc.C, MKF,
P.G.C.E.





“If all our attention is directed firmly towards our practice, then we can accumulate a back-log of unmet needs and work-related issues.

If these are left undealt with they undermine our sense of ourselves as competent practitioners.

As practitioners we offer our patients guidance, support and encouragement it seems a good idea to offer it to ourselves.”

Isobel Cosgrove

“...listen with the delicate balance of a quiet meditative mind and an open loving heart. This work of listening must be done by all of us, the living and the dying, the healers and the patients. Our service to each other must be rooted in just this work on ourselves.”

Ram Dass

(Preface to Stephen Levine p ix ‘Who Dies?’)



Mentoring/Supervision is a time to consider the needs of the practitioner.

It offers a facilitating environment in which the practitioner reconnects with excitement; develops communication skills; forms networks of support; enhances confidence and self-esteem; and increases the effectiveness of their practice. And most of all, it is about what you want it to be....

An opportunity to focus on professional and personal issues that arise in practice. These may include:

- building up a practice
- money issues
- roles and boundaries
- emotional responses to patients/clients (e.g. “difficult” patients)
- relationships with other practitioners and health professionals
- burn out
- time management
- ethics & professional issues
- changes—managing them

You may want to discuss: ‘difficult’ patients, death of a patient, money issues, time management issues, burn out, or anything else you like!



Supervision/Mentoring is available for groups or individuals

There are no more than six members per group and we meet at regular intervals by mutual agreement.

Individual sessions are for 1 hour at regular intervals by mutual agreement

Cost: £35 per hour individuals

£35 per person group work

Please contact me if you are interested or have any questions

I and other group members are happy to talk about the experience of being in a supervision/mentoring group, and how it can enrich and enhance us as individuals as well as our professions.

For more information please contact us

June Tranmer

The Healing Clinic
natural health centre
33 Fulford Cross
York YO10 4PB

01904 679868

e-mail: jtranmer@thehealingclinic.co.uk

